



### Points of Interest:

- Social Media Promotions
- Photography Spotlight
- Kidney and Perio Disease Links
- Dry Mouth Treatment

#### Fun Fact:

2016 marks the **85th ANNIVERSARY** of our practice! Dr. Peck feels honored to continue the 85 year legacy of keeping Cincinnati smiling !

#### Scheduled Lectures/ Conferences:

- Jan. 8– Lecturing at Henry Schein event
- Jan. 15-16– Lecturing for Kois Center, Seattle
- Jan. 29– Lecturing for Henry Schein, Columbia, MD
- Feb. 24-26– Attending Chicago Dental Society Conference, American Equilibration Society, Restorative Academy Meeting

## Raffles, Freebies and Prizes...OH MY!

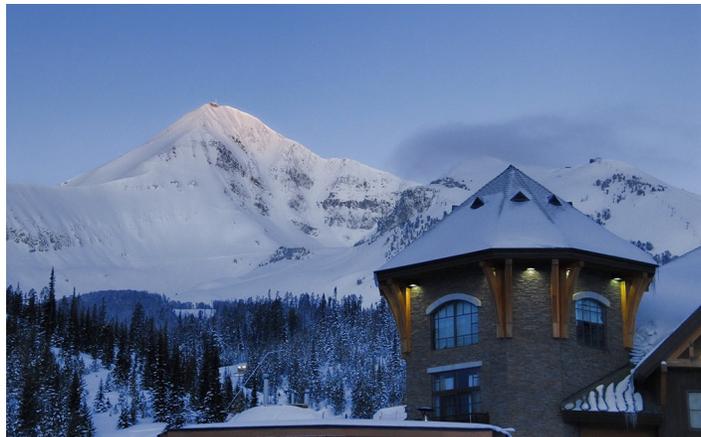
The practice is ringing in 2016 with exciting new social media promotions for the practice. Among the awesome promotions on tap; entry to win a gift basket full of locally made goodies, an appreciation grab-bag, celebrating the 85th anniversary of our practice, and a chance for you and a friend to win custom whitening trays.

We want to show how much we appreciate our patients and stay connected between your recare appointments. “Like” us on Facebook, [www.facebook.com/pecksmiles](http://www.facebook.com/pecksmiles) or “Follow us” on Twitter, [www.twitter.com/fredpeck](http://www.twitter.com/fredpeck) or Pinterest, [www.pinterest.com/fredpeckdds](http://www.pinterest.com/fredpeckdds).

ASK A STAFF MEMBER ABOUT THE CURRENT CAMPAIGN AT YOUR NEXT VISIT.



## Photography Spotlight



This beautiful winter scene was captured by Dr. Peck in Big Sky Montana, March 2009.

## Links Between Kidney and Periodontal Diseases

Periodontal disease (perio disease) may play a role in Chronic Kidney Disease (CKD) according to new research completed at the University of California, San Francisco.

The longitudinal retrospective study was performed on 761 elderly men with “preserved kidney functioning” to examine the association of “severe periodontal disease” and incidents of CKD. Two criteria defined “severe perio;” 5mm or greater attachment loss in 30% of teeth or at least two teeth with attachment loss of 6mm or great in addition to at least one other site of 5mm attachment loss or more.

Initially, 25.4% of participants had “severe perio.” After 4.9 years, 7.4% of participants had reported an incident of CKD. Researchers concluded severe perio issues may be linked with clinically significant kidney function decline among elderly men.

CKD affects 26 million adults in America. The disease damages the body’s ability to remove waste from blood. Sufferers may experience lack of concentration, tiredness at best. Some individuals experience anemia, weak bones, nerve damage, heart and blood vessel disease and even death.

The best way screen for and manage oral health issues that may be linked to other health issues is to keep your clinically prescribed recare appointments. Just remember; healthy mouth=healthy body.

For more information regarding this research, please visit [www.dentistry.com](http://www.dentistry.com)

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## New Treatment for Dry Mouth

We’re excited to announce the office is now caring Dry Mouth AO Pro Gel by Periosciences. The oral demulcent is on the cutting edge for dry mouth treatment, one that our staff can personally attest to.

Pamela, our office coordinator has experienced severe dry mouth due to a medication change. After trying various products, she began using Dry Mouth AO Pro Gel and cannot stop raving about it.

The gel is applied by placing a small amount on the tip of the tongue and swabbing it on all reachable surfaces of the teeth.

Dry mouth is a common side effect of several medications and can cause tartar build up which may lead to an increase in cavity susceptibility. If you are concerned about dry mouth, consult your hygienist at your next visit and feel free to ask Pamela about her experience using Dry Mouth AO Pro Gel.

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