

*A Tradition of Excellence in Dentistry for Three Generations*

**Points of Interest:**

- New Staff
- Sleep Apnea
- N2O
- Photography  
Spotlight

**Fun Fact:**

Dr. Peck is experimenting with new astrophotography methods to reduce light pollution for more detailed night-scenes.

**Scheduled Lectures/  
Conferences:**

- July 22-24-  
Attending  
Kois Symposium
- Sept. 9-  
Lecturing at  
Ohio Dental  
Association
- Oct. 2016-  
Lecturing at  
American Dental  
Association

## New Team Member

You may have noticed a new face around the office lately. Whether you've had the pleasure of meeting her or not, we would like to formally introduce you to Patti who joined the dental assisting team in early May.

Patti began working as a dental assistant in 2008 and has been a member of Dr. Peck's team since 2015. She attended both Sinclair and Ross College. Patti "loves teeth," but what she truly loves is the sense of reward upon completion of treatment after seeing a patient through a procedure.

Dr. Peck and staff are happy to have Patti as a wonderful new addition to the office. If you haven't had the pleasure of meeting you yet, she is looking forward to seeing you at your next visit.

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## Sleep Apnea Treatment

The American Academy of Sleep Medicine now consider dental appliances a first-line treatment for snoring and mild to moderate sleep apnea. Appliances are also ideal for patients with severe sleep apnea who cannot tolerate CPAP or need an alternative treatment when traveling. Dental sleep appliances have proven results, "over 95% of patients are satisfied with the level of improvement with their snoring when assessed and treated correctly."

Dr. Peck has been trained in developing these oral appliances to treat signs and symptoms of chronic snoring/sleep apnea. A device is custom made for you and worn like a sports mouth guard. It cuts down on sleep apnea associated health threats without the need for surgery or medicine.

Oral appliances are associated with better compliance than CPAP systems for many patients. These appliances can also be used as first-line treatment for primary snoring not associated with obstructive sleep apnea. If you are tired of either snoring and not getting a restful night's sleep, or trying to wear a CPAP mask, call our office today.

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## Keeping You Safe with New Nitrous Oxide Technology

Dr. Peck is using the newest disposable nitrous oxide masks for all nitrous procedures, replacing the previously used autoclaved system. Silhouette nasal masks are small plastic coverings that come in four different sizes and contour to the patient's face for optimal accessibility during procedures. Upon completion of the procedure, nasal masks, along with the attached tubing will be properly disposed of to prevent transfer of any bacteria between patients.

Recent outbreaks of the carbapenem-resistant Enterobacteriaceae (CRE) bacteria in Carolina and California has had Dr. Peck searching for new, advanced ways to protect our patients. While the CRE outbreaks were related to Endoscopy procedures, Dr. Peck wants to ensure all available precautions are taken for our patients.

The Silhouette is a one-time use mechanism; the mask is much smaller than a reusable one, benefiting both patients and staff. The patient has a more direct flow of nitrous oxide and Dr. Peck has better visibility of the mouth. As always, we hold ourselves to a high standard of patient care and will continually strive to improve. Please feel free to contact the office staff with any questions or discussion the Silhouette with Dr. Peck at your next visit.

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## Photography Spotlight



This sunset was captured by Dr. Peck in Vieques, Puerto Rico in January 2015. Who wants to vacation now?!